



What to do with all my
STUFF?

A MESSAGE SERIES FROM DR. MARK HOWELL

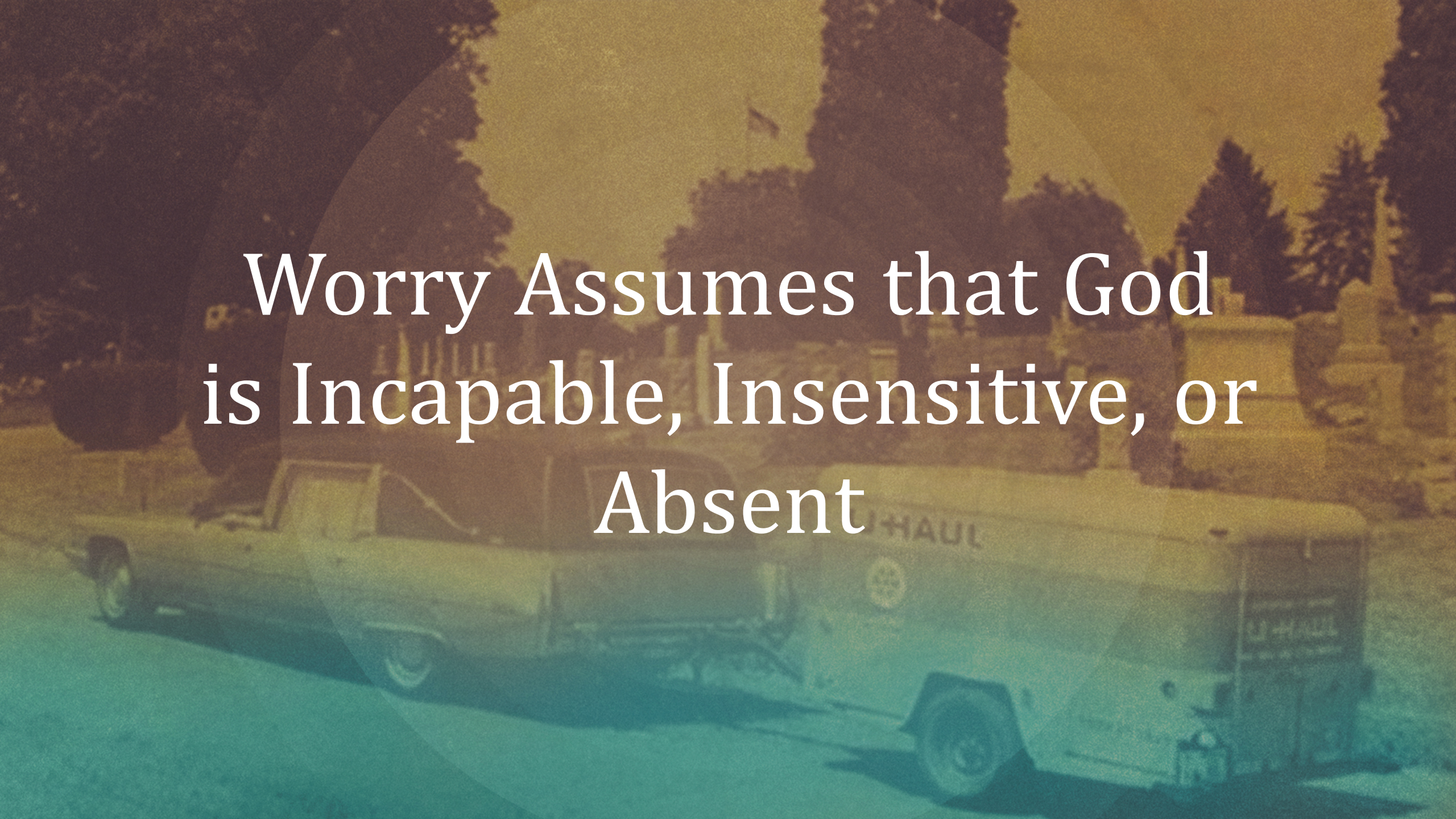
A vintage photograph of a U-Haul truck and a car in a cemetery, overlaid with a semi-transparent circular graphic. The truck is white with "U-HAUL" written on its side. The car is a dark-colored sedan. The background shows a cemetery with many headstones and trees. The overall image has a warm, sepia tone.

The War with Worry

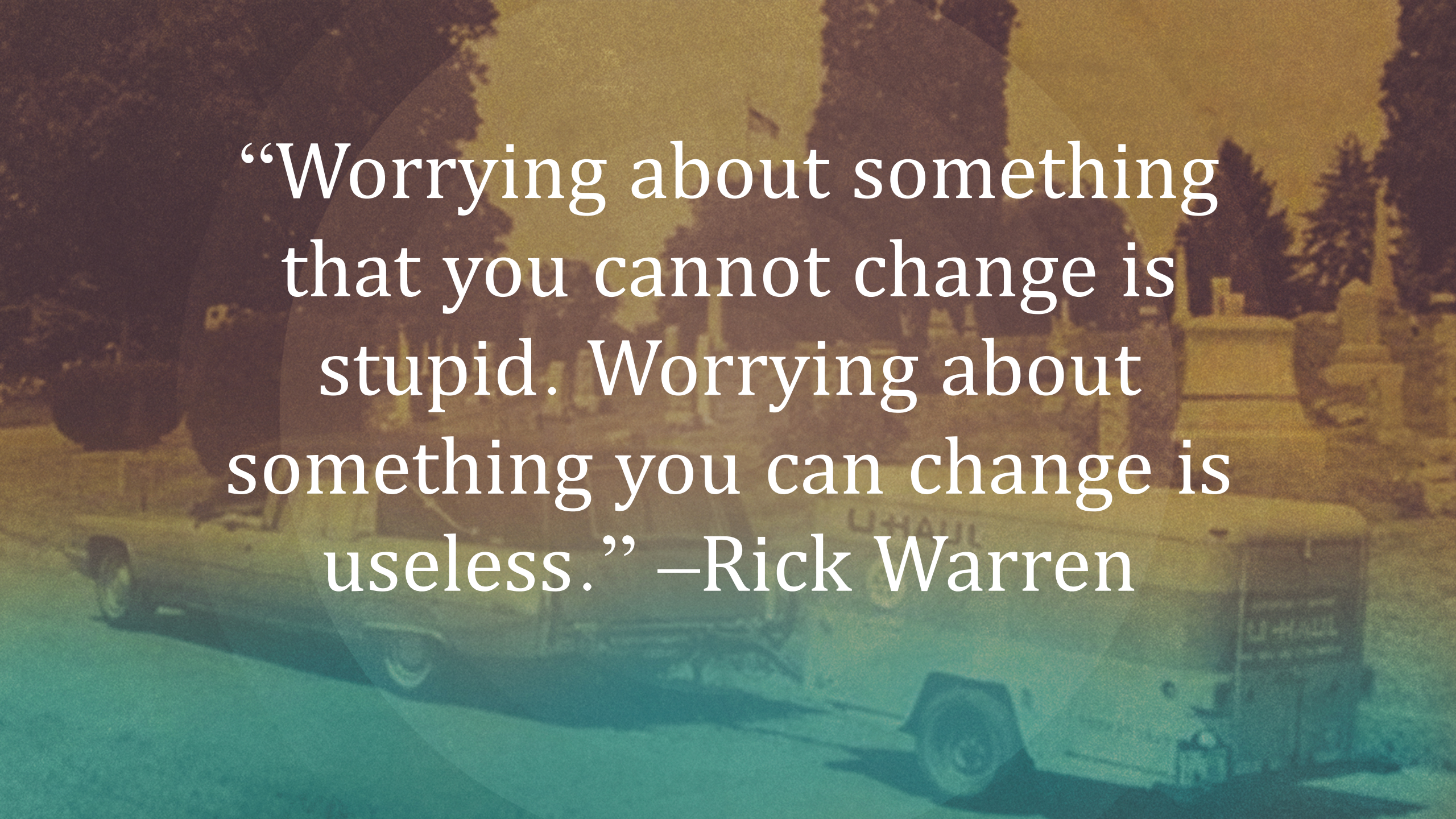
Matthew 6:25-33

A vintage car and a vintage van are parked on a street. A large semi-transparent circle is overlaid on the image, containing the text. The background shows trees and a building.

Our Worry and Our Wants
are Always Connected to
Our Worship



Worry Assumes that God
is Incapable, Insensitive, or
Absent

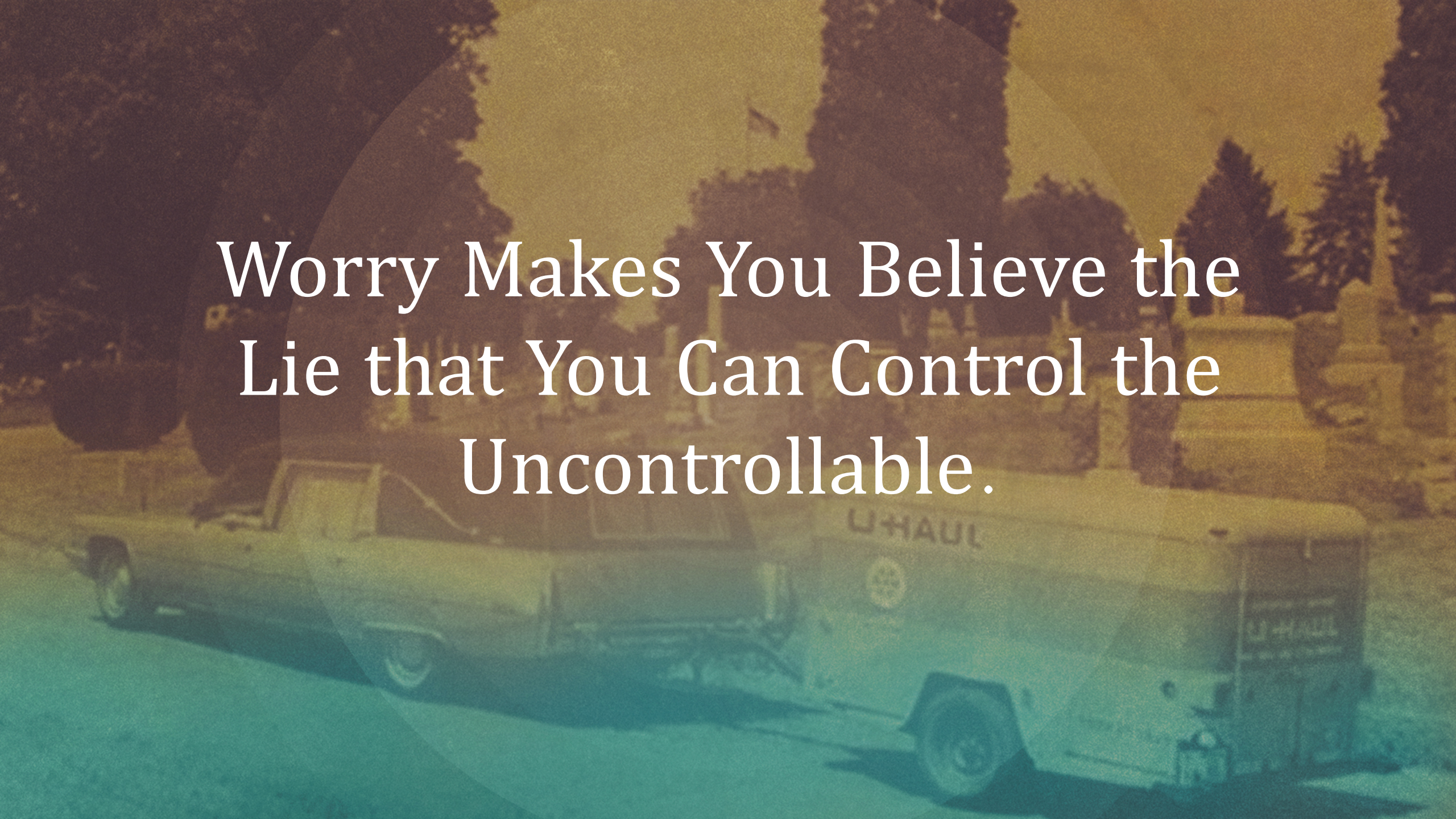


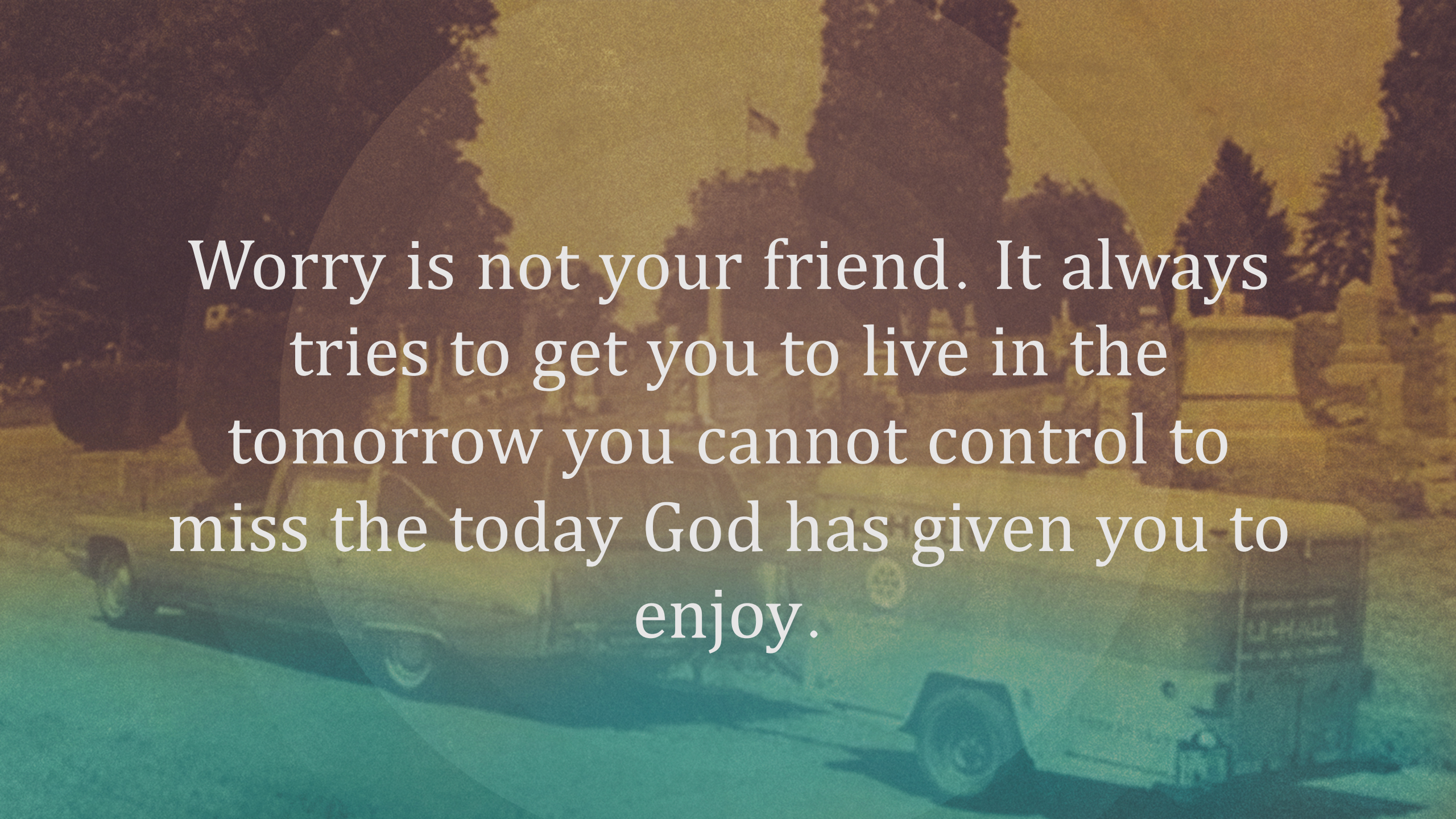
“Worrying about something that you cannot change is stupid. Worrying about something you can change is useless.” –Rick Warren

A photograph of a white U-Haul truck parked in a lot. The truck is the central focus, with the 'U-HAUL' logo visible on its side. The background shows other vehicles and trees. A large, semi-transparent circular graphic is overlaid on the image, containing the text.

Worry is Always Tied to
Control. When We Can't
Control Something We Worry
About It

Worry Makes You Believe the
Lie that You Can Control the
Uncontrollable.

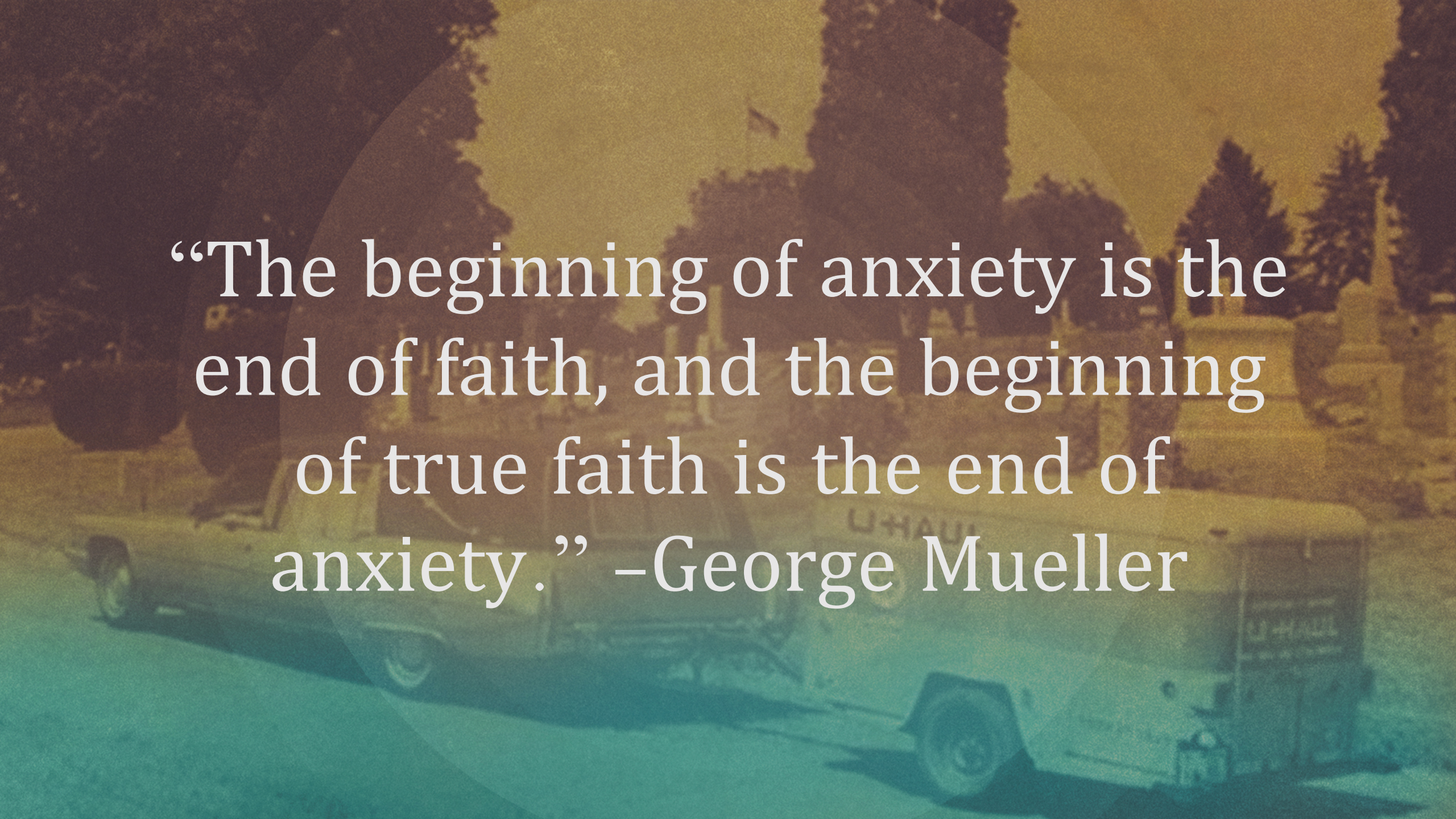


A vintage car is parked in a field with trees in the background. The image has a greenish tint and a semi-transparent circular overlay in the center. The text is white and centered within the overlay.

Worry is not your friend. It always
tries to get you to live in the
tomorrow you cannot control to
miss the today God has given you to
enjoy.

A photograph of a white U-Haul truck parked in a lot. The truck has "U-HAUL" written on its side. A large, semi-transparent circle is overlaid on the image, centered on the text. The background shows trees and a building under a clear sky.

Where Worry Exists,
Anxiousness Follows. Where
Faith Exists, Rest Follows

A photograph of a white U-Haul truck parked on a street. The truck is the central focus, with its front and side visible. The background shows a row of trees and a clear sky. The image has a semi-transparent teal overlay, and a large white quote is centered over it.

“The beginning of anxiety is the end of faith, and the beginning of true faith is the end of anxiety.” –George Mueller